



2013 Women's Lacrosse Media Guide

Augustana College

Augustana College | Rock Island, Illinois

Founded 1860
Enrollment 2,500
President Steven Bahls
Faculty Athletic Representative Dr. Craig VanSandt,
Professor of Business Administration
Athletic Director Mike Zapolski
Head Coach Sara Tisdale
Assistant Coaches: Adam Wennmacher, Tom DeRosa
Sports Information Director Dave Wrath
S.I.D. Office Phone (309) 794-7265
S.I.D. Cell Phone (309) 737-5306
S.I.D. FAX Number (309) 794-7525
Head Athletic Trainer TBA
Assistant Athletic Trainer Denise Yoder
Assistant Athletic Trainer Anna Smith
Assistant Athletic Trainer Lori Anderson
Training Room Phone (309) 794-7518
Conference College Conference of Illinois & Wisconsin
CCIW Teams Augustana; Carthage; Elmhurst; Illinois Wesleyan; Millikin;
North Central; North Park; Wheaton
Midwest Women's Lacrosse Conference Teams: Augustana; Aurora;
Beloit; Benedictine; Carthage; Concordia (Wis.); Fontbonne; Mount St.
Joseph; North Central
National Affiliation NCAA Division III
Team Name Vikings
Colors Blue & Gold
Home Pool Carver Physical Education Center
Athletic Department Phone (309) 794-7521
Admissions Department (309) 794-7341
Toll Free Number (800) 798-8100
Web Site Address www.augustana.edu

About Augustana College

Known for its balance of liberal arts with focus in a major field, collaborative research opportunities, competitive athletic teams and award-winning student activities programs, Augustana College is a selective independent college of the liberal arts and sciences related to the Evangelical Lutheran Church in America. The college enrolls approximately 2,500 men and women of diverse ethnic, religious and social backgrounds, from across the United States and around the world.

Augustana's athletic teams have won more championships than any other school in the College Conference of Illinois & Wisconsin. The Vikings own a total of 175 total team championships (137 men and 38 women) since the league began in 1946-47. Augustana is currently sixth in the nation in number of CoSIDA (College Sports Information Directors of America) Academic All-Americans produced in all sports with 135 as of June, 2011. During the 1990's the Vikings finished third, trailing only Nebraska and M.I.T.

Home to a Phi Beta Kappa academic honor society chapter since 1949, Augustana grants baccalaureate degrees in more than 60 areas of study. Along with a competitive athletic environment, student-athletes can join one or several of the school's 150 student organizations or take advantage of Augustana's wide variety of opportunities for international study. Augustana has a student-faculty ratio of 11:1, and nearly 90 percent of the faculty hold



the Ph.D. or the terminal degree in their field. The following mission statement guides Augustana's liberal arts curriculum and student programs.

Augustana College, rooted in the liberal arts and sciences and a Lutheran expression of the Christian faith, is committed to offering a challenging education that develops qualities of mind, spirit and body necessary for a rewarding life of leadership and service in a diverse and changing world.

These goals and ideals also are reflected in the mission statement of the athletic department:

The Department of Athletics offers all Augustana College students an opportunity toward the development of the total person. Working in a cooperative and active learning environment and dedicated to imparting a lifelong awareness of health and wellness our department assists students in the acquisition of dynamic skills knowledge and fitness.

We value dignity, respect, diversity, accountability, communication and teamwork: and challenge each participant to achieve a sense of self confidence, pride, team unity, success, and cohesiveness through competitive sport. Our programs support the mission of Augustana College by cultivating the individual in all facets of life within and without the competitive arena.

Where to find Augustana Sports News

Information on the Augustana College athletic department is easy to find. Augustana Sports Information Director Dave Wrath maintains the schedules and press releases on the college's athletic department web page. It can be accessed at www.augustana.edu. Also, you may e-mail Dave Wrath at davewrath@augustana.edu. The office phone number for sports information is (309) 794-7265.

The 2013 Augustana women's lacrosse media guide is presented as a service to all news media and friends of Augustana. The media guides are written and edited by Augustana Sports Information Director Dave Wrath. Photos in the media guide were taken by either Steve Woltmann or Brandon Gittelman. Additional stories and pictures will be furnished upon request.

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HEAD COACH SARA TISDALE



Sara Tisdale enters the 2012-13 school year in her second year as Augustana's head coach after directing the Viking's to a sterling 15-3 record in the program's inaugural campaign. Tisdale, who served as the head coach of the women's club lacrosse team at Michigan State in East Lansing, Michigan before coming to Rock Island, brought a wealth of experience with her to Augustana.

Tisdale's first season at the helm of the Vikings was marked by superb offensive performances- her team led the nation in scoring and goals per game, while Augustana had several players ranking in statistical categories, including freshman Hilary Kargl's NCAA leading 97. Tisdale's squad also was a stern defensive unit, allowing only 8.06 goals per game and ranked in the top five in the country in caused turnovers.

Besides serving as the head coach at Michigan State, she was also the women's varsity lacrosse coach at Waverly High School in Lansing from 2006 through 2009. Prior to that, she spent four years (2002-06) as the assistant varsity coach at Waverly.

She was a teacher of physical education and health at Grand Ledge High School in Grand Ledge, Michigan from August of 2006 until 2010. She also served as the junior varsity volleyball coach at Grand Ledge 2007-09. Tisdale was also a first team all-state attack player at Waverly High School from 1999-01 and helped lead Waverly to a state title in 2001.

After her success as a player at Waverly, she went to Central Michigan University in Mt. Pleasant, Michigan where she played from 2004-06.

She earned her Bachelor of Science degree in education with a secondary emphasis from Central Michigan, graduating Cum Laude in 2006. She is currently working on pursuing her Master's degree.

Tisdale has also been active as an official in women's basketball and has been a regular in the Michigan intercollegiate Athletic Association (NCAA Division III), the Wolverine/Hoosier Athletic Conference (NAIA) and the Great Lakes Intercollegiate Athletic Conference (NCAA Division II).

SARAH TISDALE'S COACHING RECORD

YEAR	W	L	T	.PCT
2012	15	3	0	.833
OVERALL	15	3	0	.833



After tremendous debut season, Tisdale and Vikings ready for more in 2013

It would be hard to imagine a debut season with better success than the one enjoyed by the Augustana women's lacrosse team in 2012. Head coach Sara Tisdale's Vikings came out of the gates with a sterling 15-3 overall record and they made a splash on the national scene as well, leading NCAA Division III in scoring offense (19.22 goals-per-game), scoring margin (+11.17 per game) and caused turnovers (13.61 per game).

"We really didn't know what last year would bring," said Tisdale. "We were so young with all those freshmen on the roster and in the fall we struggled a bit. When the spring season opened we just caught fire and were able to maintain it throughout the year."

Not only did Augustana lead the nation in scoring offense, scoring margin and caused turnovers, but the Vikings were third in points (507), 12th in winning percentage (.833), 16th in scoring defense (8.06) and 18th in draw controls per game (15.89). Several Augustana players made big splashes in the individual national rankings as well and sophomore goalkeeper Sarah Osier (**Naperville Central HS, Naperville, Ill.**) is the top returning player who was ranked nationally. She was 20th in goals-against-average at 8.28.

"We lost some productivity on the offensive end from a year ago," said Tisdale. "But the real confidence boost for this team is the fact that our defense returns intact. We are going to have to have some people pick it up on the offensive end but I don't think that will be too hard."

The offense lost leading scorer Hillary Kargl and third leading scorer Hannah Dickman off last year's team. Kargl scored 97 goals and had 23 assists for 120 points and was second in the nation goals, third in goals-per-game (5.39), fourth in points-per-game (6.67) and seventh in total points (120). Dickman scored 51 points and had 37 assists for 88 total points. She was 22nd in NCAA Division III in assists.

Despite those losses, the cupboard is not bare as sophomore Christina Letmanski (**Glenbard West HS, Wheaton, Ill.**) is back after scoring 59 goals and dishing out 22 assists for 81 total points. Sophomore Kate Zisser (**Kirkwood HS, St. Louis, Mo.**) scored 17 goals with 12 assists for 29 total points. Freshmen Emily Handrahan (**Lake Zurich HS, Hawthorne Woods, Ill.**) and Kaylee Nolan (**Carl Sandburg HS, Orland Park, Ill.**) will be counted on to pick up some of the slack left by the departure of Kargl and Dickman. Sophomore Kelly Molloy (**Glenbard West HS, Glen Ellyn, Ill.**) and freshman Kendall Maduro (**Neuqua Valley HS, Naperville, Ill.**) were impressive in the fall workouts.

Three regulars are back in the midfield and all are sophomores: Kelly Stelzer (**Wheaton Warrenville South HS, Wheaton, Ill.**), Allie Roehrenbeck (**Columbus Academy, Gahanna, Ohio**) and Gina Filippo (**Libertyville HS, Green Oaks, Ill.**). Stelzer scored 34 goals with 16 assists while Roehrenbeck had 31 goals and 22 assists a year ago. Filippo added seven goals and 10 assists. Joining them in the midfield will be sophomores Nattali Shelton (**Wheaton-Warrenville South HS, Wheaton, Ill.**) and Alex Palmisano (**Wheaton Warrenville South HS, Wheaton, Ill.**) and talented freshmen Rebecca Pollard (**Westfield HS, Carmel, Ind.**) and Shelby Cosman (**Marian Catholic HS, St. John, Ind.**).

Three out of four starters return on defense and Tisdale thinks this group will be a great foundation while the offense finds its stride. Sophomores Anna Kylo (**St. Croix Lutheran HS, Bloomington, Minn.**), Bridget Conniff (**Benet Academy, Downers Grove, Ill.**) and Emily Pavlik (**Lyons Township HS, LaGrange, Ill.**) were key players for a defense that allowed an average of just 8.01 goals a game last year. Junior Meredith Goodale (**New Trier HS, Glencoe, Ill.**) and sophomore Barbara Vega (**Marian Catholic HS, Flossmoor, Ill.**) along with freshmen Cori Duncan (**York HS, Elmhurst, Ill.**) and Kaitlin Hightower (**Providence HS, Matthews, N.C.**) will provide quality depth.

Osier will be in goal after stopping 139 shots a year ago and posting an 8.28 goals-against-average. Freshman Jenna Hofmann (**Columbine HS, Littleton, Colo.**) will battle Osier for playing time at goalie.

"Last year we played a pretty fast, up-tempo style and it served us well," said Tisdale. "This year I think we will be even more up-tempo and because of that I think we can match our offensive production of 2012. I think that during the fall we were much more advanced than we were a year ago at this same point."

The Vikings will join the Midwest Women's Lacrosse Conference this spring after playing as an independent in their first year of existence. Joining them will be Beloit, Concordia-Wisconsin, Carthage, Fontbonne, Mt. St. Joseph, North Central, Aurora, Benedictine and Dubuque.

2013 AUGUSTANA VIKINGS WOMEN'S LACROSSE ROSTER

NO	NAME	POS	HT	YR	HOMETOWN (HIGH SCHOOL)
1	Gina Filippo	Midfield	5-2	Soph	Green Oaks, Ill. (Libertyville)
2	Ryen Merhar	Attack	5-3	Fr	River Forest, Ill. (Oak Park River Forest)
3	Emily Pavlik	Defense-Midfield	5-3	Soph	La Grange, Ill. (Lyons Township)
4	Cori Duncan	Defense-Midfield	5-7	Fr	Elmhurst, Ill. (York)
5	Bridget Conniff	Defense	5-3	Soph	Downers Grove, Ill. (Benet Academy)
6	Anna Kylo	Defense	5-7	Soph	Bloomington, Minn. (St. Croix Lutheran)
7	Christina Letmanski	Attack	5-4	Soph	Wheaton, Ill. (Glenbard West)
8	Kelly Stelzer	Midfield	5-3	Soph	Wheaton, Ill. (Wheaton Warrenville South)
9	Meredith Goodale	Defense	5-8	Jr	Glencoe, Ill. (New Trier)
10	Kendall Maduro	Attack	5-1	Fr	Naperville, Ill. (Nequa Valley)
11	Nattali Shelton	Midfield	5-3	Soph	Wheaton, Ill. (Wheaton Warrenville South)
13	Sarah Bromberger	Defense	5-6	Fr	Hartland, Wis. (Arrowhead)
14	Emily Handrahan	Attack	5-6	Fr	Hawthorne Woods, Ill. (Lake Zurich)
15	Alex Palmisano	Midfield	5-2	Soph	Wheaton, Ill. (Wheaton Warrenville South)
16	Kaylee Nolan	Attack	5-5	Fr	Orland Park, Ill. (Carl Sandburg)
18	Kaitlin Hightower	Defense	5-6	Fr	Matthews, NC (Providence)
20	Shelby Cosman	Midfield	5-9	Fr	Saint John, Ind. (Marian Catholic)
21/12	Jenna Hofmann	Goalie-Attack	5-3	Fr	Littleton, Colo. (Columbine)
22	Quinn Foley	Midfield	5-10	Fr	Orland Park, Ill. (Carl Sandburg)
23	Kate Zisser	Attack	5-7	Soph	St. Louis, Mo. (Kirkwood)
24	Barbara Vega	Defense	5-5	Soph	Flossmoor, Ill. (Marian Catholic)
28	Rebecca Pollard	Midfield	5-7	Fr	Carmel, Ind. (Westfield)
30	Kelly Molloy	Attack	5-3	Soph	Glen Ellyn, Ill. (Glenbard West)
32	Allie Roehrenbeck	Midfield	5-7	Soph	Gahanna, Ohio (Columbus Academy)
38	Sarah Osier	Goalie	5-10	Soph	Naperville, Ill. (Central)

HEAD COACH: Sara Tisdale



2012-13 Augustana Vikings: Front Row - Alex Palmisano, Emily Pavlik, Gina Filippo, Kaylee Nolan, Kelly Stelzer, Allie Roehrenbeck, Ryan Merhar, Meredith Goodale, Sarah Osier. Second Row - Kelly Molloy, Cori Duncan, Shelby Cosman, Christina Letmanski, Emily Handrahan, Kendall Maduro, Nattali Shelton, Barbara Vega, Jenna Hoffman. Third Row - Assistant Coach Randall Haeflinger, Kate Zisser, Kaitlin Hightower, Rebecca Pollard, Quinn Foley, Anna Kylo, Bridget Conniff, Head Coach Sara Tisdale.

Coach Sara Tisdale leads Vikings to 15-3 record in first season of varsity play

Augustana wrapped up its first season of varsity lacrosse competition this spring and it would be difficult to imagine a more impressive debut than coach Sara Tisdale's Vikings made. Playing in a brand new facility, Thorson-Lucken Field, the team went a perfect 7-0 at home on its way to a 15-3 inaugural season. In addition, the Vikings led the nation in scoring offense (19.22 goals per game), scoring margin (+11.17) and caused turnovers per game (13.61).

In its very first game on February 21, Augustana showed that it wouldn't be overmatched this year. Playing on the road against defending Southern Collegiate Athletic Conference champion Sewanee, the Vikings dropped a 17-16 decision on a late Tiger goal. Just three days later, the team defeated Birmingham Southern 20-9 for its first-ever victory.

After a 19-5 win at Agnes Scott, the Vikings traveled to Rome, Georgia to face Berry. A third-overtime, sudden-death goal by freshman Allie Roehrenbeck (**Columbus Academy, Gahanna, Ohio**) gave Augustana a 25-24 win in a wild contest that featured an NCAA all-division record 14 goals by freshman Hilary Kargl (**Sacred Heart Academy, Louisville, Ky.**). The team closed its season-opening southern swing with a 15-7 loss at Centre.

On March 10, the Vikings opened play at Thorson-Lucken Field with a 23-3 win over Fontbonne. Freshman Kelly Stelzer (**Wheaton Warrenville South HS, Wheaton, Ill.**) scored the first goal in facility history. Augustana defeated Alma and Otterbein handily as well at home, improving to 6-2 on the year, before visiting Carthage. The Vikings fell 13-10 to an established Lady Red program, tasting defeat for the final time this year.

Four more decisive home wins wrapped up a perfect Thorson-Lucken season before the team defeated Puget Sound 22-11 in a neutral-site contest played in Naperville, Illinois. The Vikings completed their inaugural season with four road games and won them all by at least 12 goals, including a season-ending 19-7 victory at North Central which extended their winning streak to nine games.

In addition to the three categories in which the Vikings led the nation, they finished 12th in winning percentage (.833), 16th in scoring defense (8.06 goal allowed per game), 18th in draw controls per game (15.89) and third in points (507 on 346 goals and 161 assists).

Several Vikings ranked among the nation's individual leaders as well. Kargl, who was a second team All-West Region selection by the IWLCA, finished the season second in the nation with 97 goals. Her average of 5.39 goals per game was third nationally. She was second on the team with 23

assists, giving her 120 points (seventh in the nation) and an average of 6.67 points per game (fourth).

Freshmen Christina Letmanksi (**Glenbard West HS, Wheaton, Ill.**) and Hannah Dickman (**Stillwater Area HS, Stillwater, Minn.**) had big offensive years as well. Letmanksi finished second on the team with 59 goals while Dickman was third with 51. Dickman added a team-high 37 assists, which ranked 22nd in the nation. Letmanksi's 42 ground balls led the squad and her 52 draw controls were second.

Stelzer and Roehrenbeck were next on the goal-scoring list with 34 and 31, respectively and Roehrenbeck's 53 draw controls led the team, while her 22 assists tied her with Letmanksi for third. Four other Vikings reached double figures in goals this year as well.

Freshman Emily Pavlik (**Lyons Township HS, LaGrange, Ill.**) was the team leader with 22 caused turnovers and ranked second with 39 ground balls.

Goalkeeper Sarah Osier (**Naperville Central HS, Naperville, Ill.**) was 20th in the nation in goals against average and 27th in save percentage, finishing her freshman season with marks of 8.28 and .491, respectively.

This year's roster included 19 freshmen, three sophomores and senior Maribeth Shea (**Willows Academy, Chicago, Ill.**). Shea, who had been a mainstay in Augustana's club program, finished her lone season of varsity play second on the Vikings with 22 caused turnovers. She also scored 11 goals (tying her with Pavlik for seventh), had four assists, controlled 23 draws (fifth) and collected 21 ground balls (seventh).

2012 AUGUSTANA SUPERLATIVES

IWLCA DIVISION III ALL-WEST REGION: Hilary Kargl, 2nd team. NCAA ALL-DIVISION RECORD: Goals, single-game – 14, Hilary Kargl vs. Berry 02/25/12 (ties Ann Clark, Worcester State vs. Lasell, 04/24/04).

NCAA DIVISION III INDIVIDUAL TOP 25 STATISTICAL RANKINGS: Goals – 97, Hilary Kargl, 2nd; Goals per game – 5.39, Hilary Kargl, 3rd; Assists – 37, Hannah Dickman, 22nd; Points – 120, Hilary Kargl, 7th; Points per game – 6.67, Hilary Kargl, 4th; Goals against average – 8.28, Sarah Osier, 20th.

NCAA DIVISION III TEAM TOP 25 STATISTICAL RANKINGS: Winning percentage – .833, 12th; Scoring offense – 19.22, 1st; Scoring defense – 8.06, 16th; Scoring margin – 11.17, 1st; Points – 507, 3rd; Draw controls per game – 15.89, 18th; Caused turnovers per game – 13.61, 1st.

2012 AUGUSTANA VIKINGS WOMEN'S LACROSSE FINAL STATISTICS

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	15-3	7-0	7-3	1-0
CONFERENCE	0-0	0-0	0-0	0-0
NON-CONFERENCE	15-3	7-0	7-3	1-0

DATE	OPPONENT	W/L	SCORE	ATT
Feb 18	at Sewanee	L	16-17	53
Feb 21	at Birmingham Southern	W	20-9	58
Feb 22	at Agnes Scott	W	19-5	70
Feb 25	at Berry	W 3OT	25-24	53
Feb 27	at Centre	L	7-15	36
Mar 10	FONTBONNE	W	23-3	107
Mar 10	ALMA	W	19-4	119
Mar 13	OTTERBEIN	W	20-3	24
Mar 17	at Carthage	L	10-13	50
Mar 24	CONCORDIA-WISCONSIN	W	23-4	74
Mar 25	SIENA HEIGHTS	W	19-4	71
Mar 31	MISSOURI BAPTIST	W	22-11	65
Mar 31	ROBERT MORRIS	W	22-0	60
Apr 02	vs Puget Sound	W	22-11	45
Apr 13	at Trine	W	17-4	63
Apr 14	at Alma	W	22-6	35
Apr 14	at Albion	W	21-5	40
Apr 25	at North Central	W	19-7	275

TEAM STATISTICS

	AUGIE	OPP
SHOT STATISTICS.....		
Goals-Shot attempts....	346-653	145-360
Goals scored per game..	19.22	8.06
Shot pct.....	.530	.403
Shots on goal-Attempts.	522-653	288-360
SOG pct.....	.799	.800
Shots/Game.....	36.3	20.0
Assists.....	161	38
Free position made-Att.	36-54	35-69
Free position pct.....	.667	.507
MAN-UP OPPORTUNITIES.....		
Goals-Opportunities....	10-15	5-7
Conversion Percent.....	.667	.714
GOAL BREAKDOWN.....		
Total Goals.....	346	145
Man-up.....	10	5
Man-down.....	0	1
Free-position.....	36	35
Unassisted.....	185	107
Overtime.....	3	2
Goals scored average...	19.66	8.24
GROUND BALLS.....	387	277
DRAW CONTROLS.....	286	239
TURNOVERS.....	269	365
CAUSED TURNOVERS.....	245	159
FACEOFFS (W-L).....	33-56	23-56
Faceoff W-L Pct.....	.589	.411
CLEAR.....	123-164	127-225
Clear Pct.....	.750	.564
PENALTIES.....		
Number.....	10	19
Minutes.....	14:00	30:00
ATTENDANCE.....		
Total.....	520	733
Dates/Avg Per Date....	7/74	10/73
Neutral Site #/Avg....	1/45	

##	PLAYER	GP	G	A	Pts	Sh	UP	DN	GB	DC	FO
2	Kargl, Hilary	18	97	23	120	178	3	0	23	7	0-0
7	Letmanski, Christina	18	59	22	81	115	2	0	42	52	0-0
14	Dickman, Hannah	18	51	37	88	81	1	0	20	3	0-0
8	Stelzer, Kelly	18	34	16	50	61	2	0	23	38	9-19
32	Roehrenbeck, Allie	18	31	22	53	66	0	0	33	53	17-24
23	Zisser, Kate	18	17	12	29	31	1	0	20	8	0-0
4	Shea, Maribeth	18	11	4	15	23	0	0	21	23	1-2
3	Pavlik, Emily	18	11	3	14	19	0	0	39	29	1-3
30	Molloy, Kelly	16	10	5	15	15	0	0	4	3	0-0
15	Palmisano, Alex	18	7	3	10	12	0	0	16	12	5-8
1	Filippo, Gina	17	7	10	17	25	0	0	27	15	0-0
22	Maduro, Taylor	14	4	1	5	12	1	0	18	9	0-0
11	Shelton, Nattali	18	4	2	6	10	0	0	13	10	0-0
20	Conniff, Bridget	17	1	0	1	1	0	0	14	0	0-0
10	Suffield, Alyse	12	1	1	2	2	0	0	20	12	0-0
21	Gray, Sydney	2	0	0	0	0	0	0	1	1	0-0
28	Funk, Michelle	14	0	0	0	0	0	0	14	5	0-0
6	Kyllo, Anna	18	0	0	0	0	0	0	13	1	0-0
12	Johnson, Talir	1	0	0	0	0	0	0	0	0	0-0
17	Johnson, Taylor	1	0	0	0	0	0	0	0	0	0-0
38	Osier, Sarah	18	0	0	0	0	0	0	14	0	0-0
24	Vega, Barbara	4	0	0	0	1	0	0	4	0	0-0
9	Goodale, Meredith	7	0	0	0	1	0	0	4	3	0-0
Total.....	18	346	161	507	653	10	0	387	286	33-56	
Opponents.....	18	145	38	183	360	5	1	277	239	23-56	

##	GOALTENDERS	GP	Minutes	GA	Avg	Sv	Pct	W	L	T
8	Stelzer, Kelly	1	12:14	1	4.90	3	.750	0	0	0
38	Osier, Sarah	18	1043:58	144	8.28	139	.491	15	3	0
Total.....	18	1056:12	145	8.24	143	.497	15	3	0	
Opponents.....	18	1056:12	346	19.66	176	.337	3	14	0	

GOALS BY PERIOD	1st	2nd	OT	OT2	OT3	Total
Augustana.....	199	144	1	1	1	346
Opponents.....	76	67	0	2	0	145

SAVES BY PERIOD	1st	2nd	OT	OT2	OT3	Total
Augustana.....	77	64	2	0	0	143
Opponents.....	103	73	0	0	0	176

SHOTS BY PERIOD	1st	2nd	OT	OT2	OT3	Total
Augustana.....	379	269	1	3	1	653
Opponents.....	193	163	2	2	0	360

SHOTS ON GOAL BY PRD	1st	2nd	OT	OT2	OT3	Total
Augustana.....	302	217	1	1	1	522
Opponents.....	153	131	2	2	0	288

AUGUSTANA WOMEN'S LACROSSE TOP FIVE LISTS

CAREER

POINTS

120 Hilary Kargl, 2012
 88 Hannah Dickman, 2012-present
 81 Christina Letmanski, 2012-present
 53 Allie Roehrenbeck, 2012-present
 50 Kelly Stelzer, 2012-present

GOALS

97 Hilary Kargl, 2012
 59 Christina Letmanski, 2012-present
 51 Hannah Dickman, 2012-present
 34 Kelly Stelzer, 2012-present
 31 Allie Roehrenbeck, 2012-present

ASSISTS

37 Hannah Dickman, 2012-present
 23 Hilary Kargl, 2012
 22 Christina Letmanski, 2012-present
 22 Allie Roehrenbeck, 2012-present
 16 Kelly Stelzer, 2012-present

GROUND BALLS

42 Christina Letmanski, 2012-present
 39 Emily Pavlik, 2012-present
 33 Allie Roehrenbeck, 2012-present
 27 Gina Filippo, 2012-present
 23 Kelly Stelzer, 2012-present

DRAW CONTROLS

53 Allie Roehrenbeck, 2012-present
 52 Christina Letmanski, 2012-present
 38 Kelly Stelzer, 2012-present
 29 Emily Pavlik, 2012-present
 23 Maribeth Shea, 2012

GAME-WINNING GOALS

4 Hilary Kargl, 2012
 3 Allie Roehrenbeck, 2012-present
 2 Hannah Dickman, 2012-present
 1 Maribeth Shea, 2012
 1 Emily Pavlik, 2012-present

SHOTS

178 Hilary Kargl, 2012
 115 Christina Letmanski, 2012-present
 81 Hannah Dickman, 2012-present
 66 Allie Roehrenbeck, 2012-present
 61 Kelly Stelzer, 2012-present

CAUSED TURNOVERS

22 Emily Pavlik, 2012-present
 21 Maribeth Shea, 2012
 19 Allie Roehrenbeck, 2012-present
 18 Christina Letmanski, 2012-present

GOALIE WINS

15 Sarah Osier, 2012-present

GOALIE SAVES

139 Sarah Osier, 2012-present

GOALS AGAINST AVERAGE

8.28 Sarah Osier, 2012-present

SINGLE SEASON

POINTS

120 Hilary Kargl, 2012
 88 Hannah Dickman, 2012
 81 Christina Letmanski, 2012
 53 Allie Roehrenbeck, 2012
 50 Kelly Stelzer, 2012

GOALS

97 Hilary Kargl, 2012
 59 Christina Letmanski, 2012
 51 Hannah Dickman, 2012
 34 Kelly Stelzer, 2012
 31 Allie Roehrenbeck, 2012

ASSISTS

37 Hannah Dickman, 2012
 23 Hilary Kargl, 2012
 22 Christina Letmanski, 2012
 22 Allie Roehrenbeck, 2012
 16 Kelly Stelzer, 2012

GROUND BALLS

42 Christina Letmanski, 2012
 39 Emily Pavlik, 2012
 33 Allie Roehrenbeck, 2012
 27 Gina Filippo, 2012
 23 Kelly Stelzer, 2012

DRAW CONTROLS

53 Allie Roehrenbeck, 2012
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 29 Emily Pavlik, 2012
 23 Maribeth Shea, 2012

GAME-WINNING GOALS

4 Hilary Kargl, 2012
 3 Allie Roehrenbeck, 2012
 2 Hannah Dickman, 2012
 1 Maribeth Shea, 2012
 1 Emily Pavlik, 2012

SHOTS

178 Hilary Kargl, 2012
 115 Christina Letmanski, 2012
 81 Hannah Dickman, 2012
 66 Allie Roehrenbeck, 2012
 61 Kelly Stelzer, 2012

CAUSED TURNOVERS

22 Emily Pavlik, 2012
 21 Maribeth Shea, 2012
 19 Allie Roehrenbeck, 2012
 18 Christina Letmanski, 2012

GOALIE WINS

15 Sarah Osier, 2012

GOALIE SAVES

139 Sarah Osier, 2012

GOALS AGAINST AVERAGE

8.28 Sarah Osier, 2012

AUGUSTANA VIKINGS YEARLY LEADERS

YEAR	GOALS	ASSISTS	TOTAL POINTS	SAVES	WINS IN GOAL
2012	97 - Hilary Kargl	37 - Hannah Dickman	120 - Hilary Kargl	139 - Sarah Osier	15 - Sarah Osier

AUGUSTANA WOMEN'S LACROSSE SCHOOL RECORDS

INDIVIDUAL

MOST POINTS

Game 14 - Hilary Kargl vs. Berry on 02/25/2012
 Season 120 - Hilary Kargl, 2012
 Career 120 - Hilary Kargl, 2012

MOST GOALS

Game 14 - Hilary Kargl vs. Berry on 02/25/2012
 Season 97 - Hilary Kargl, 2012
 Career 97 - Hilary Kargl, 2012

MOST ASSISTS

Game 5 - Hannah Dickman vs. Puget Sound on 04/2/2012
 Season 37 - Hannah Dickman, 2012
 Career 37 - Hannah Dickman, 2012-present

MOST GROUND BALLS

Game 9 - Christina Letmanski vs. Trine on 04/13/2012
 Season 42 - Christina Letmanski, 2012
 Career 42 - Christina Letmanski, 2012-present

MOST DRAW CONTROLS

Game 6 - Allie Roehrenbeck vs. Albion on 04/14/2012
 6 - Christina Letmanski vs. Sewanee on 02/18/2012 & vs. Berry on 02/25/2012
 Season 53 - Allie Roehrenbeck, 2012
 Career 53 - Allie Roehrenbeck, 2012-present

MOST GAME WINNING GOALS

Season 4 - Hilary Kargl, 2012
 Career 4 - Hilary Kargl, 2012

MOST SHOTS

Game 20 - Hilary Kargl vs. Berry on 02/25/2012
 Season 178 - Hilary Kargl, 2012
 Career 178 - Hilary Kargl, 2012

MOST CAUSED TURNOVERS

Game 5 - Meribeth Shea & Bridget Conniff vs. Robert Morris on 03/31/2012
 Season 22 - Emily Pavlik, 2012
 Career 22 - Emily Pavlik, 2012-present

MOST GOALIE WINS

Season 15 - Sarah Osier, 2012
 Career 15 - Sarah Osier, 2012-present

MOST GOALIE SAVES

Game 18 - Sarah Osier vs. Centre on 02/27/2012
 Season 139 - Sarah Osier, 2012
 Career 139 - Sarah Osier, 2012-present

FEWEST GOALS ALLOWED

Game 0 - Sarah Osier vs. Robert Morris on 03/31/2012
 Season 144 - Sarah Osier, 2012
 Career 144 - Sarah Osier, 2012-present

TEAM

MOST POINTS

Game 40 vs. Albion on 04/14/2012
 Season 507 in 2012

MOST GOALS

Game 25 vs. Berry on 02/25/2012
 Season 346 in 2012

MOST ASSISTS

Game 19 vs. Ablion on 04/14/2012
 Season 161 in 2012

MOST VICTORIES

Season 15 in 2012

BEST RECORD

Season 15-3 (.833) in 2012

FEWEST GOALS ALLOWED

Season 145 in 2012

YEAR BY YEAR WITH THE VIKINGS

SARA TISDALE (2012-present)
15-3 .833 in one year

2012 - Sara Tisdale (15-3)

Sewanee 17, Augustana 16
 Augustana 20, Birmingham Southern 9
 Augustana 19, Agnes Scott 5
 Augustana 25, Berry 24
 Centre 15, Augustana 7
 Augustana 23, Fontbonne 3
 Augustana 19, Alma 4
 Augustana 20, Otterbein 3
 Carthage 13, Augustana 10
 Augustana 23, Concordia-Wisconsin 4
 Augustana 19, Sienna Heights 4
 Augustana 22, Missouri Baptist 11
 Augustana 22, Robert Morris 0
 Augustana 22, Puget Sound 11
 Augustana 17, Trine 4
 Augustana 22, Alma 6
 Augustana 21, Albion 5
 Augustana 19, North Central 7

ALL TIME AUGUSTANA WOMEN'S LACROSSE HISTORY

YEAR	W	L	.PCT	COACH	CAPTAINS
2012	15	3	.833	Sara Tisdale	Meribeth Shea
Totals	15	3	.833		

**AUGUSTANA WOMEN'S
LACROSSE LETTERMEN
(through 2012 season)**

C
Conniff, Bridget - 2012

D
Dickman, Hannah - 2012

F
Filippo, Gina - 2012
Funk, Michelle - 2012

G
Goodale, Meredith - 2012

K
Kargl, Hilary - 2012
Kyllo, Anna - 2012

L
Letmanski, Christina - 2012

M
Maduro, Taylor - 2012
Molloy, Kelly - 2012

O
Osier, Sarah - 2012

P
Palmisano, Alex - 2012
Pavlik, Emily - 2012

R
Roehrenbeck, Allie - 2012

S
Shea, Maribeth - 2012
Stelzer, Kelly - 2012
Suffield, Alyse - 2012

V
Vega, Barbara

Y
Young - Julia

Z
Zisser, Kate - 2012

NATIONAL ACHIEVEMENTS

ALL-REGION SELECTIONS

2012 Hilary Kargl - 2nd team

**NCAA STATISTICAL
LEADERS**

2012
Scoring offense (19.22 ppg)...Scoring
margin (+11.17 pg)...Caused turn-
overs (13.61 pg)

NCAA INDIVIDUAL RECORD

2012
Most goals in single game (14 - Hilary
Kargl vs. Berry 02/25/12)

ALL TIME SERIES RECORDS

OPPONENT	W	L	LAST MEETING
Agnes Scott	1	0	2012 - W 19-5
Albion	1	0	2012 - W 21-5
Alma	2	0	2012 - W 22-6
Berry	1	0	2012 - W 25-24 (3OT)
Birmingham Southern	1	0	2012 - W 20-9
Carthage	0	1	2012 - L 10-13
Centre	0	1	2012 - L 7-15
Concordia (Wis.)	1	0	2012 - W 23-4
Fontbonne	1	0	2012 - W 23-3
Missouri Baptist	1	0	2012 - W 22-11
North Central	1	0	2012 - W 19-7
Otterbein	1	0	2012 - W 20-3
Puget Sound	1	0	2012 - W 22-11
Robert Morris	1	0	2012 - W 22-0
Sewanee	0	1	2012 - L 16-17
Sienna Heights	1	0	2012 - W 19-4
Trine	1	0	2012 - W 17-4



Hilary Kargl lead the Augustana women's lacrosse team in scoring (120) and goals (97) during the 2011-12 season. She was a second team All-Region selection and she set an NCAA record with 14 goals in a single game.

THE COLLEGE CONFERENCE OF ILLINOIS & WISCONSIN

Now in its 67th year, the College Conference of Illinois & Wisconsin (CCIW) enjoys a reputation as the "Best Small-College Conference in the Nation." The league was formed with nine charter members (Augustana, Carthage, Elmhurst, Illinois College, Illinois Wesleyan, Lake Forest, Millikin, North Central and Wheaton) on April 26, 1946 in Jacksonville, Illinois. Competition opened in the 1946-47 academic year as the College Conference of Illinois.

Carthage left the conference in 1952 but returned in 1961. In 1967 the name was changed to the College Conference of Illinois & Wisconsin to recognize Carthage, which had moved to Kenosha, Wisconsin from Carthage, Illinois in 1962, and Carroll, which entered the league in 1955.

As is often the case with athletic conferences, CCIW membership has experienced some changes since the league's inception. After Carthage left in 1952, Illinois College withdrew the following year. Elmhurst and Wheaton left following the 1959-60 academic year. Wheaton rejoined for all sports but football in 1967 and then for football in 1970. Elmhurst rejoined in the fall of 1967 for all sports but football and for football in the 1968 season. Carroll joined officially with the 1955 spring sports seasons. Carthage returned in 1961 and North Park entered the following fall. Lake Forest dropped out at the end of the 1962-63 year. The last change in CCIW membership came following the 1991-92 season when Carroll withdrew.

Now eight members strong, the CCIW continues its tradition of athletic and academic excellence. The league sanctioned women's sports for the first time in the 1986-87 school year and Augustana participated in the first ever women's competition. That was on September 14, 1986 when the Vikings met North Central in a volleyball match that was held at Elmhurst College.

The College Conference of Illinois & Wisconsin sanctions 21 sports: baseball, men's and women's basketball, men's and women's cross country, football, men's and women's golf, men's and women's soccer, softball, men's and women's swimming, men's and women's tennis, men's and women's indoor track & field, men's and women's outdoor track & field, volleyball and wrestling.

Augustana also sports varsity men's and women's lacrosse teams. Neither women's nor men's lacrosse is currently a CCIW sport.

Augustana owns more CCIW team championships than any other school in the league with 176 total. Of those 176, the men have won 137 and 39 belong to the women.

Women's lacrosse became an official varsity sport at Augustana during the 2011-12 school year. In their inaugural season, the Vikings led NCAA Division III in scoring offense, scoring margin, and caused turnovers.

During the 2013 season, Augustana will compete in the Midwest Women's Lacrosse Conference. In addition to the Vikings, current members of the MWLC include Aurora, Beloit, Benedictine, Carthage, Concordia (Wis.), Fontbonne, Mount St. Joseph, and North Central.

AUGUSTANA'S ALL-TIME TEAM CCIW CHAMPIONS

MEN (137)

BASEBALL: 1952-65-68-74 (Division Champs in 1989-96)
BASKETBALL: 1963-71-72-73-74-81-82-93-03-06-07-08-10
CROSS COUNTRY: 1969-70
FOOTBALL: 1949-66-68-75-81-82-83-84-85-86-87-88-90-91-93-94-97-99-01-05-06
GOLF: 1955-64-65-66-69-72-73-75-76-78-79-80-81-82-97-99
SOCCER: 2002
SWIMMING & DIVING: 1947-48-49-67-69-70-71-82
TENNIS: 1947-48-55-56-60-65-66-67-68-70-72-74-75-77-78-81-82-83-84-85
TRACK & FIELD: 1964-65-67-68-69-70-72-73-74-80-81-82-83-84-08-10
WRESTLING: 1963-64-65-66-67-68-69-70-71-72-74-75-79-80-82-83-84-85-86-87-88-89-90-91-92-93-94-95-96-98-99-00-01-02-03-04

WOMEN (39)

BASKETBALL: 1987-89-90-91-93
CROSS COUNTRY: 1990-91-94-96-97-98
SOCCER: 2009-12
SOFTBALL: 2004-06-07
SWIMMING & DIVING: 1988-89-90-93-95-97
TENNIS: 1993-94-96-97
TRACK & FIELD: 1988-91-93-94-95-96-97-98-99-00-01-08
VOLLEYBALL: 1996-01





2013 AUGUSTANA VIKINGS WOMEN'S LACROSSE SCHEDULE

DATE	OPPONENT	SITE	TIME
February 21	Redlands	Redlands, Cali.	TBA
February 23	Occidental	Los Angeles, Cali.	TBA
February 25	Whittier	Whittier, Cali.	TBA
March 8	Hope	HOME	7:30 p.m.
March 9	Loras	Dubuque, Iowa	2:00 p.m.
March 16	Adrian	HOME	1:00 p.m.
March 17	Albion	HOME	12:00 p.m.
March 23	Beloit	Beloit, Wis.	1:00 p.m.
March 27	Concordia-Wis.	HOME	7:30 p.m.
April 2	Carthage	HOME	7:30 p.m.
April 6	Fontbonne	HOME	4:00 p.m.
April 12	Otterbein	Westerville, Ohio	5:30 p.m.
April 13	Mt. St. Joseph	Cincinnati, Ohio	12:00 p.m.
April 16	North Central	HOME	7:30 p.m.
April 20	Aurora	Aurora, Ill.	1:00 p.m.
April 23	Benedictine	Lisle, Ill.	6:00 p.m.
April 27	Dubuque	HOME	2:00 p.m.
May 3-4	MWLC Tourney	TBA	TBA
May 8	NCAA Tourney	TBA	TBA